

Portsmouth Youth Basketball (PYB)

Minimum Play Rule

The mission of Portsmouth Youth Basketball (PYB) is to provide boys and girls with fundamental basketball skills and drills to enhance and improve each player's game in a positive environment entered on sportsmanship and teamwork. Therefore, PYB has adopted the following minimum play requirement for all participants.

Regular Season – Absent disciplinary action all players shall play at least half of each game (16 minutes). All players must sit out at least 4 minutes per half. The only exception would be game day roster size limitations (6 or less players attending the game).

Post Season – Absent disciplinary action all players shall play at least 4 minutes of each half of the game. All players must sit out at least 2 minutes per half. The only exception would be game day roster size limitations (5 players attending the game).

Any question regarding this policy should be directed to the PYB Board at info@portsmouthyouthbasketball.com